

# the **Y** Community Centre Calendar

# TERM 4, 2024

## MONDAY

**THE EXCHANGE**  
9:00am - 3:00pm

**NIGEL SUPPORT SERVICES**  
9:30am - 3:30pm

**HUB COMMUNITY LEGAL**  
9:30am - 3:30pm

**CARERS QLD**  
12:00pm - 3:00pm  
(First Mon of the month)

**BUZZ CONSOLE GAMING**  
4:00pm - 6:00pm

**BUZZ TABLE TOP GAMES**  
4:00pm - 8:00pm

**EMPOWERED UNI PREP PROGRAM**  
(every second Monday)  
9:00am - 12:00pm

## TUESDAY

**THE EXCHANGE**  
9:00am - 3:00pm

**NIGEL SUPPORT SERVICES**  
9:30am - 3:30pm

**TURSA**  
10:00am - 3:00pm

**PO BOYZ LINE DANCING**  
5:00pm - 9:00pm

## WEDNESDAY

**THE EXCHANGE**  
9:00am - 3:00pm

**MAX SOLUTIONS**  
9:00am - 3:00pm  
(alternate Wed and Thu)

**OCTEC**  
9:00am - 1:00pm

**NIGEL SUPPORT SERVICES**  
9:30am - 3:30pm

**REFORMER FITNESS**  
10:00am - 11:00am

**BUZZ ESL CLASSES**  
1:30pm - 2:30pm

**BUZZ YOUTH DROP IN**  
2:30pm - 3:30pm

**REKON YOUTH OUTREACH**  
4:00pm - 8:00pm

**AUSTRALIA WIDE FIRST AID**  
(Varied Days and Times)

## THURSDAY

**THE EXCHANGE**  
9:00am - 3:00pm

**MAX SOLUTIONS**  
9:00am - 3:00pm  
(alternate Wed and Thu)

**REESE DANCE**  
9:00am - 12:30pm

**NIGEL SUPPORT SERVICES**  
9:30am - 3:30pm

**BUZZ KEEPING CONNECTED**  
10:00am - 11:30am

**JP SERVICES**  
1:00pm - 3:00pm

**MANup**  
6:30pm - 8:30pm

## FRIDAY

**THE EXCHANGE**  
9:00am - 3:00pm

**BUZZ CARD GAMERS**  
9:00am - 12:00pm

**NIGEL SUPPORT SERVICES**  
9:30am - 3:30pm

**REESE DANCE**  
8:30am - 11:30pm

**PROSPER CARE**  
11:00am - 3:00pm

**BUZZ YOUTH DROP IN**  
2:30pm - 4:00pm

**REESE DANCE**  
4:00pm - 6:00pm

**YOGA AT THE BUZZ**  
6:00pm - 7:00pm

## SATURDAY

**REESE DANCE**  
8:30am - 11:30am

## SUNDAY

**DUNAMIS CHURCH SERVICE**  
9:30am

**UNDFTD CHURCH SERVICE**  
3:00pm

**THE BUZZ INTERNET CAFE AND COPYING**

Monday to Friday  
9:00am - 4:00pm

# Community Centre Contacts

## Walk Ins Welcome

### The Exchange Program

(Employment and Career Pathways Program)

0499 753 916 07 3555 6578  
theExchange@ymcabrisbane.org

### Dunamis Church Yarrabilba

0414 547 186  
dunamislife.com.au

### Griffith University - EmpowerED University Program

griffith.edu.au/empowered

### Justice of the Peace

13 74 68

### Reformer Pilates

covelesimone@gmail.com

### REKON Youth

0405 625 773  
rekonyouth.org

### Yoga at The Buzz

michael.porter2018@outlook.com

### UNDFTD

0405 625 773

## Bookings Required

### Australia Wide First Aid

1300 336 613

### Carers Qld

07 3441 3600

### HUB Community Legal

07 3372 7677  
hub.community.org.au

### MANup

(Men's Wellbeing Program)  
0480 210 049

### Max Employment

(NDIS Employment)  
1800 603 503

### Nigel Support Services

(NDIS)  
0420 658 597  
admin@nigelsupportservices.com

### OCTEC

(NDIS Employment and Careers)  
07 3445 2881

### Po Boyz Line Dancing

0400 459 753

### Reese Dance

0433 269 469  
reesedance.com.au

### TURSA

(Get Set for Work)  
07 3290 6586  
tursa.com.au

the Y Community Centres

The Buzz at Yarrabilba

# Term Calendar

Term 4, 2024

Monday - Friday, 9:00am - 4:00pm

65 Basalt Drive, Yarrabilba, Q. 4207

07 3555 6577 thebuzz@ymcaqueensland.org.au

