

Community Centre Contacts

Brisbane Canary Association
Contact Peter on 3901 0261

Heart Fit
Contact Bruce on 0408 740 543

Grandfriends
Contact Kindred on 3505 3029

Justice of Peace Service
Contact: 3517 2424

Matt Fiddes Martial Arts
Contact Kim on 0478 100 599

Mint Kids Hip Hop
Contact Rochelle on 0423 767 722

Model Train Club
Contact Peter on 3901 0261

River City Gymastics & Dance Academy
Contact: 0409 470 833

Seniors Yoga
Contact Ellen on 0402 901 358

FOR INFORMATION ON ALL OTHER
PROGRAMS LISTED IN THIS
BROCHURE, PLEASE CONTACT US ON
3517 2424

Over 50's Club

Range of activities and events
tailored to over 50's

Information and Referral Service & Forms Assistance

Need assistance linking into other
services and supports
or completing a form or document?
Contact us on 3517 2424 to make
an appointment.

Free Personal Counselling with Change Futures

Fridays - contact us to book an
appointment

Garden Group

Contact us if you would like to be a
part of our garden group

Free Community Book and Puzzle Nook

Australia Wide First Aid

Looking to gain or renew your CPR
and/or First Aid Certificates?
AWFA hold courses here!
For bookings contact: 1300 336 613

CANNON HILL COMMUNITY CENTRE

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WHAT'S ON CALENDAR

The Y Cannon Hill Community Centre

18 Lang Street, Cannon Hill, 4170 **p:** 07 3517 2424

e: cannonhillcc@ymcaqueensland.org.au

f: facebook.com/YMCACannonHill/

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>7:00am & 8:30am Heart Fit Senior's Exercise Class</p> <p>9:30am - 12:30pm 12:30pm - 3:30pm Sewing Space (bookings required)</p> <p>10:30am - 12:00pm Line Dancing For Beginners & Intermediate</p> <p>1pm - 3pm Justice of the Peace Service (not on public holidays)</p>	<p>7:15am Tai Chi (school terms only)</p> <p>10:00am - 12:00pm Craft Group (school terms only)</p> <p>4:00pm Matt Fiddes Martial Arts</p>	<p>9:30am - 10:30am Senior's Yoga (bookings required) (school terms only)</p> <p>11:00am - 12:30pm Wellbeing Wednesday (school terms only) Food parcels until 12pm, clothing, toiletries, bbq lunch & Orange Sky laundry & shower van</p> <p>3:45pm - 6:15pm Mint Kids Hip Hop (school terms only) (bookings required)</p>	<p>7:00am & 8:30am Heart Fit Senior's Exercise Class</p> <p>9:30am - 12:30pm 12:30pm - 3:30pm Sewing Space (bookings required)</p> <p>10:00am - 12:00pm Bingo Buddies (last Thursday of the month)</p> <p>3:30pm River City Gymnastics & Dance Academy (bookings required)</p>	<p>9:00am to 4:00pm Free Counselling with Change Futures (bookings required)</p> <p>10:00am - 11:00am Grandfriends Intergenerational Program (bookings required)</p> <p>11:00am - 12:30pm Cuppa N Chat (last Friday of the month)</p>	<p>7:30am River City Gymnastics & Dance Academy (bookings required)</p> <p>9:00am - 12:00pm Model Train Club</p>
					SUNDAY
					<p>10:00am Brisbane Canary Association (1st Sunday of the month)</p>

CONTACT
cannonhillcc@ymcaqueensland.org.au

(07) 3517 2424
18 Lang Street,
Cannon Hill, 4170

OFFICE HOURS
Monday-Friday 9am-4pm



COMMUNITY EVENTS

Check out our Facebook page
or our notice board at the
Centre for information on
events being held at the
Centre throughout the year!



PRIVATE FUNCTIONS

Looking for a place to have a
private function,
event or meeting? We
have rooms and spaces (including
outdoor) available for hire
Contact us for more information.

